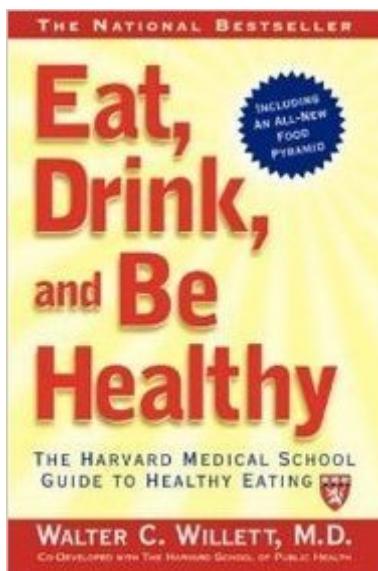


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# EAT, DRINK, AND BE HEALTHY: The Harvard Medical School Guide To Healthy Eating



## Synopsis

EAT, DRINK, AND BE HEALTHY: The Harvard Medical School Guide to Healthy Eating

## Book Information

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Average Customer Review: 4.3 out of 5 stars See all reviews (3 customer reviews)

Best Sellers Rank: #809,121 in Books (See Top 100 in Books) #27 in Books > Education & Teaching > Higher & Continuing Education > Medical School Guides

## Customer Reviews

Contains the real food pyramid, not the government's version. Excellent for those who need to adjust their eating habits.

Good service.

Excellent.

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