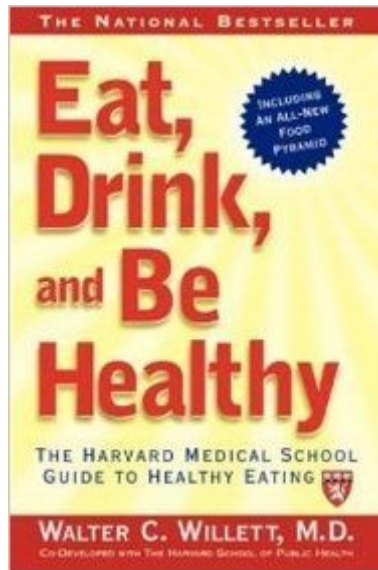


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# EAT, DRINK, AND BE HEALTHY: The Harvard Medical School Guide To Healthy Eating



## Synopsis

EAT, DRINK, AND BE HEALTHY: The Harvard Medical School Guide to Healthy Eating

## Book Information

Paperback

Publisher: Free Press (2003)

Language: English

ISBN-10: 0743223225

ISBN-13: 978-0743223225

ASIN: B0075NTJU2

Product Dimensions: 8.4 x 5.8 x 0.7 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #809,121 in Books (See Top 100 in Books) #27 inÂ Books > Education & Teaching > Higher & Continuing Education > Medical School Guides

## Customer Reviews

Contains the real food pyramid, not the government's version. Excellent for those who need to adjust their eating habits.

Good service.

Excellent.

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